

Instructions

The small item aid comes in two parts – the glove section and the palm pad (see diagram). This aid allows you to get a grip on smaller diameter items and palm pads are easily swapped allowing you to have a set of bathroom, art or office materials set up ready for use.

The gripping aid will be sent to you already fastened with the palm pad attached, which is how it will look when you are wearing it.

To put on the aid please follow the instructions below and refer to the diagrams as necessary:

Putting on the glove section

1. Undo both Velcro straps.
2. Slide the glove over your hand and insert your thumb into the hole.
3. With the help of the ring, tighten the wrist strap and fasten with the Velcro.
4. Next, do up the strap around the top of the hand.
5. Place the palm pad onto the Velcro hand section of the glove. You can position the palm pad at any angle you wish.

Setting up the Palm pad

1. Undo the Velcro straps that go across the plastic parts (using the ribbon loops if necessary).
2. Separate the plastic parts.
3. Insert the item you wish to hold between the plastic clamp parts.
4. Pull the straps tight, using the ribbon loops, and fasten the Velcro.
5. If you are using a range of items in separate palm pads, repeat these steps until all items are secure.



Precautions

If you are unsure whether this gripping aid is suitable for you, ask your Doctor, therapist or medical practitioner before use.

Always follow the instructions on this leaflet when putting on and using the gripping aid.

- The small items aid is not designed to hold heavy items, doing so may cause damage to the product or user.
- Do not use the gripping aid for holding sharp items if you suffer from blackouts.
- Do not use the gripping aid to hold hot objects or near open flames.
- Care should be taken if using the gripping aid to hold sharp objects such as razors or craft knives.
- If the gripping aids becomes damaged, do not use.

